

Orange vinegarette dressing300

Number of Servings: 300 (5.1 g per serving)

| Amount | Measure | Ingredient |
|--------|---------|-------------------------------|
| 3.00 | cup | Juice, orange, Calif, chilled |
| 2.00 | cup | Oil, canola |
| 1 1/2 | cup | Vinegar, white, distilled |

Nutrients per serving

| Nutrition Facts | | | |
|--|-----------|----------------------|---------|
| Serving Size (5g) | | | |
| Servings Per Container | | | |
| Amount Per Serving | | | |
| Calories 15 | | Calories from Fat 15 | |
| | | % Daily Value* | |
| Total Fat 1.5g | | 2% | |
| Saturated Fat 0g | | 0% | |
| Trans Fat 0g | | | |
| Cholesterol 0mg | | 0% | |
| Sodium 0mg | | 0% | |
| Total Carbohydrate 0g | | 0% | |
| Dietary Fiber 0g | | 0% | |
| Sugars 0g | | | |
| Protein 0g | | | |
| Vitamin A 0% | | Vitamin C 2% | |
| Calcium 0% | | Iron 0% | |
| *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | |
| | Calories: | 2,000 | 2,500 |
| Total Fat | Less than | 65g | 80g |
| Saturated Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |
| Calories per gram: | | | |
| Fat 9 • Carbohydrate 4 • Protein 4 | | | |

Instructions

Combine juice, oil and vinegar. Any herbs may also be added. Chill.

Shake before serving.

Serving size = 1 Tablespoon/salad.

Juice drained from Mandarin oranges may be substituted for orange juice in this recipe for flavor variation.

Food Handling :

- Wash hands immediately before engaging in food preparation and again after engaging in any activities that contaminate the hands.

Holding :

- Hold for cold service at an internal temperature of 41 F or lower.

Storing :

- Store refrigerated at an internal temperature of 40 - 45 F.